

# Cystic Fibrosis a lifelong challenge

60

is the average number of tablets that people with cystic fibrosis have to take every day.

People with cystic fibrosis, like David, soon learn it's a lifelong challenge: vast daily intakes of drugs, time-consuming physiotherapy and isolation from others with the condition, just to stay healthy.

Despite this, it can critically escalate at any moment.

We're here to shout louder and make a daily difference to people with cystic fibrosis and those who care for them, but we need your help.

[cysticfibrosis.org.uk/donate](https://cysticfibrosis.org.uk/donate)



Fighting for a  
Life Unlimited